



2024 ILLINOIS YMCA LONG COURSE CHAMPIONSHIP

GIRLS			8 & Under	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
00:48.29	00:53.90	00:54.88	50 Free	00:49.59	00:55.35	00:57.00
01:38.99	01:50.48	01:52.49	100 Free	01:41.79	01:53.60	01:57.00
03:57.49	04:25.06	04:28.35	200 Free	04:03.19	04:31.42	04:36.35
00:51.09	00:57.02	00:58.06	50 Back	00:53.39	00:59.59	01:01.37
01:00.49	01:07.51	01:08.74	50 Breast	01:02.89	01:10.19	01:12.29
00:52.39	00:58.47	00:59.53	50 Fly	00:56.19	01:02.71	01:04.59
04:29.49	05:00.77	05:06.24	200 IM	04:44.19	05:17.18	05:28.54
GIRLS			10 & Under	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
00:36.99	00:41.28	00:42.03	50 Free	00:37.49	00:41.84	00:43.09
01:22.49	01:32.06	01:33.74	100 Free	01:24.79	01:34.63	01:37.46
03:17.89	03:40.86	03:43.60	200 Free	03:22.59	03:46.10	03:50.22
00:42.59	00:47.53	00:48.40	50 Back	00:44.49	00:49.65	00:51.14
00:50.39	00:56.24	00:57.26	50 Breast	00:52.39	00:58.47	01:00.22
00:43.69	00:48.76	00:49.65	50 Fly	00:46.79	00:52.22	00:53.78
03:44.59	04:10.66	04:15.22	200 IM	01:39.09	01:50.59	01:54.55
02:58.49	03:19.21	03:22.83	200 Free Relay	03:56.89	04:24.39	04:32.29
03:12.19	03:34.50	03:38.40	200 Mixed Free Relay	03:12.19	03:34.50	03:40.91
03:20.89	03:44.21	03:48.02	200 Medley Relay	03:36.99	04:02.18	04:08.56
03:32.59	03:57.27	04:01.31	200 Mixed Medley Relay	03:32.59	03:57.27	04:03.52
GIRLS			12 & Under	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
00:31.39	00:35.03	00:35.67	50 Free	00:31.89	00:35.59	00:36.66
01:10.59	01:18.78	01:20.22	100 Free	01:11.79	01:20.12	01:22.52
02:36.99	02:55.21	02:57.39	200 Free	02:42.09	03:00.90	03:05.25
07:23.59	06:28.09	06:36.06	500/400 Free	07:36.99	06:39.82	06:53.57
00:37.19	00:41.51	00:42.26	50 Back	00:38.99	00:43.52	00:44.82
01:21.59	01:31.06	01:32.19	100 Back	01:25.09	01:34.97	01:37.80
00:42.99	00:47.98	00:48.85	50 Breast	00:43.49	00:48.54	00:49.99
01:35.19	01:46.24	01:49.41	100 Breast	01:37.49	01:48.81	01:52.71
00:35.99	00:40.17	00:40.90	50 Fly	00:37.89	00:42.29	00:43.55
01:28.49	01:38.76	01:39.43	100 Fly	01:32.89	01:43.67	01:44.96
02:58.79	03:19.54	03:23.17	200 IM	03:04.89	03:26.35	03:33.75
02:28.69	02:45.95	02:48.97	200 Free Relay	02:46.99	03:06.37	03:11.94
02:54.79	03:15.08	03:18.40	200 Medley Relay	03:07.09	03:28.81	03:34.31
GIRLS			14 & Under	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
00:29.49	00:32.91	00:33.51	50 Free	00:27.99	00:31.24	00:32.17
01:04.09	01:11.53	01:12.83	100 Free	01:01.59	01:08.74	01:10.79
02:23.59	02:40.26	02:42.25	200 Free	02:20.19	02:36.46	02:40.22
06:37.29	05:47.59	05:54.72	500/400 Free	06:45.69	05:54.93	06:02.22
00:36.19	00:40.39	00:40.89	50 Back	00:34.19	00:38.16	00:39.30
01:15.49	01:24.25	01:25.30	100 Back	01:13.39	01:21.91	01:24.36
00:41.59	00:46.42	00:47.80	50 Breast	00:38.29	00:42.73	00:44.27
01:27.09	01:37.20	01:40.10	100 Breast	01:24.39	01:34.19	01:37.56
00:34.89	00:38.94	00:39.20	50 Fly	00:34.89	00:38.94	00:39.42
01:17.19	01:26.15	01:26.73	100 Fly	01:14.89	01:23.58	01:24.62
02:43.69	03:02.69	03:06.01	200 IM	02:39.29	02:57.78	03:04.15
02:24.89	02:41.71	02:44.65	200 Free Relay	02:25.49	02:42.38	02:47.23
02:46.19	03:05.48	03:08.64	200 Medley Relay	02:46.39	03:05.70	03:10.60
GIRLS			21 & Under	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
00:28.09	00:31.35	00:31.92	50 Free	00:24.79	00:27.67	00:28.49
01:01.19	01:08.29	01:09.53	100 Free	00:54.19	01:00.48	01:02.29
02:15.19	02:30.88	02:32.76	200 Free	02:01.69	02:15.81	02:19.07
06:12.39	05:25.80	05:32.49	500/400 Free	05:46.79	05:03.40	05:13.84
23:41.39	23:37.14	24:03.04	1650/1500 Free	23:09.99	23:05.83	23:45.63
00:34.39	00:38.38	00:38.86	50 Back	00:30.99	00:34.59	00:35.62
01:10.69	01:18.90	01:19.88	100 Back	01:02.59	01:09.85	01:11.94
02:34.89	02:52.87	02:55.02	200 Back	02:22.89	02:39.48	02:44.24
00:39.39	00:43.96	00:45.28	50 Breast	00:34.69	00:38.72	00:40.10
01:22.39	01:31.95	01:34.70	100 Breast	01:12.19	01:20.57	01:23.46
02:56.79	03:17.31	03:20.90	200 Breast	02:43.19	03:02.13	03:08.66
00:33.19	00:37.04	00:37.29	50 Fly	00:28.79	00:32.13	00:32.53
01:11.09	01:19.34	01:19.88	100 Fly	01:00.79	01:07.85	01:08.69
02:49.59	03:09.27	03:10.55	200 Fly	02:40.89	02:59.56	03:02.83
02:36.39	02:54.54	02:57.72	200 IM	02:17.59	02:33.56	02:39.06
05:40.19	06:19.68	06:24.40	400 IM	05:27.09	06:05.06	06:15.97
02:12.69	02:28.09	02:30.78	200 Free Relay	02:07.39	02:22.18	02:26.43
05:06.99	05:42.62	05:48.85	400 Free Relay	04:44.99	05:18.07	05:27.57
02:48.89	03:08.49	03:11.70	200 Medley Relay	02:24.29	02:41.04	02:45.28
05:48.89	06:29.39	06:36.02	400 Medley Relay	05:34.09	06:12.87	06:22.69

QUALIFYING PERIOD IS JULY 1, 2023 THROUGH THE ENTRY DEADLINE