



2024 ILLINOIS YMCA SWIMMING LONG COURSE CHAMPIONSHIP BONUS CUTS

GIRLS			8 & Under	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
00:53.09	00:59.25	01:00.33	50 Free	00:54.59	01:00.93	01:02.75
01:48.89	02:01.53	02:03.74	100 Free	01:51.99	02:04.99	02:08.72
04:21.19	04:51.51	04:55.13	200 Free	04:27.49	04:58.54	05:03.97
00:56.19	01:02.71	01:03.85	50 Back	00:58.69	01:05.50	01:07.46
01:06.49	01:14.21	01:15.56	50 Breast	01:09.19	01:17.22	01:19.53
00:57.59	01:04.27	01:05.44	50 Fly	01:01.79	01:08.96	01:11.02
04:56.39	05:30.79	05:36.81	200 IM	05:12.59	05:48.87	06:01.38
GIRLS			10 & Under	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
00:40.69	00:45.41	00:46.24	50 Free	00:41.19	00:45.97	00:47.34
01:30.69	01:41.22	01:43.06	100 Free	01:33.29	01:44.12	01:47.23
03:37.69	04:02.96	04:05.98	200 Free	03:42.89	04:08.76	04:13.28
00:46.89	00:52.33	00:53.28	50 Back	00:48.89	00:54.56	00:56.20
00:55.39	01:01.82	01:02.94	50 Breast	00:57.59	01:04.27	01:06.20
00:48.09	00:53.67	00:54.65	50 Fly	00:51.49	00:57.47	00:59.18
04:07.09	04:35.77	04:40.78	200 IM	04:20.59	04:50.84	05:01.26
N/A	N/A	N/A	200 Free Relay	N/A	N/A	N/A
N/A	N/A	N/A	200 Mixed Free Relay	N/A	N/A	N/A
N/A	N/A	N/A	200 Medley Relay	N/A	N/A	N/A
N/A	N/A	N/A	200 Mixed Medley Relay	N/A	N/A	N/A
GIRLS			12 & Under	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
00:34.49	00:38.49	00:39.19	50 Free	00:35.09	00:39.16	00:40.33
01:17.69	01:26.71	01:28.28	100 Free	01:18.19	01:27.27	01:29.87
02:52.69	03:12.73	03:15.13	200 Free	02:58.29	03:18.98	03:23.76
08:07.99	07:06.94	07:15.71	500/400 Free	08:22.69	07:19.80	07:34.92
00:40.89	00:45.64	00:46.47	50 Back	00:42.89	00:47.87	00:49.30
01:29.79	01:40.21	01:41.46	100 Back	01:33.59	01:44.45	01:47.57
00:47.29	00:52.78	00:53.74	50 Breast	00:47.79	00:53.34	00:54.93
01:44.69	01:56.84	02:00.33	100 Breast	01:47.19	01:59.63	02:03.92
00:39.59	00:44.19	00:44.99	50 Fly	00:41.69	00:46.53	00:47.92
01:37.29	01:48.58	01:49.31	100 Fly	01:42.19	01:54.05	01:55.47
03:16.69	03:39.52	03:43.51	200 IM	03:23.39	03:47.00	03:55.13
N/A	N/A	N/A	200 Free Relay	N/A	N/A	N/A
N/A	N/A	N/A	200 Medley Relay	N/A	N/A	N/A
GIRLS			14 & Under	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
00:32.39	00:36.15	00:36.81	50 Free	00:30.79	00:34.36	00:35.39
01:10.49	01:18.67	01:20.10	100 Free	01:07.79	01:15.66	01:17.92
02:37.99	02:56.33	02:58.52	200 Free	02:34.19	02:52.09	02:56.22
07:16.99	06:22.32	06:30.17	500/400 Free	07:26.29	06:30.45	06:38.47
00:39.79	00:44.41	00:44.96	50 Back	00:37.59	00:41.95	00:43.21
01:22.99	01:32.62	01:33.77	100 Back	01:20.69	01:30.06	01:32.75
00:45.79	00:51.10	00:52.63	50 Breast	00:42.09	00:46.98	00:48.66
01:35.79	01:46.91	01:50.10	100 Breast	01:32.79	01:43.56	01:47.27
00:38.39	00:42.85	00:43.13	50 Fly	00:38.39	00:42.85	00:43.38
01:24.89	01:34.74	01:35.38	100 Fly	01:22.49	01:32.06	01:33.21
03:00.09	03:20.99	03:24.65	200 IM	02:55.19	03:15.52	03:22.53
N/A	N/A	N/A	200 Free Relay	N/A	N/A	N/A
N/A	N/A	N/A	200 Medley Relay	N/A	N/A	N/A
GIRLS			21 & Under	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
00:30.89	00:34.48	00:35.10	50 Free	00:27.29	00:30.46	00:31.37
01:07.29	01:15.10	01:16.47	100 Free	00:59.59	01:06.51	01:08.49
02:28.69	02:45.95	02:48.01	200 Free	02:13.89	02:29.43	02:33.02
06:49.59	05:58.35	06:05.71	500/400 Free	06:21.49	05:33.76	05:45.24
26:03.49	25:58.81	26:27.30	1650/1500 Free	25:28.99	25:24.42	26:08.19
00:37.79	00:42.18	00:42.70	50 Back	00:34.09	00:38.05	00:39.18
01:17.79	01:26.82	01:27.90	100 Back	01:08.89	01:16.89	01:19.18
02:50.39	03:10.17	03:12.53	200 Back	02:37.19	02:55.44	03:00.68
00:43.29	00:48.31	00:49.76	50 Breast	00:38.19	00:42.62	00:44.15
01:30.59	01:41.10	01:44.13	100 Breast	01:19.59	01:28.83	01:32.01
03:14.49	03:37.06	03:41.01	200 Breast	02:59.49	03:20.32	03:27.50
00:36.49	00:40.73	00:41.00	50 Fly	00:31.69	00:35.37	00:35.81
01:18.19	01:27.27	01:27.85	100 Fly	01:07.09	01:14.88	01:15.81
03:06.59	03:28.25	03:29.65	200 Fly	02:56.99	03:17.53	03:21.12
02:51.99	03:11.95	03:15.44	200 IM	02:31.39	02:48.96	02:55.02
06:14.19	06:57.62	07:02.81	400 IM	05:59.79	06:41.55	06:53.55
N/A	N/A	N/A	200 Free Relay	N/A	N/A	N/A
N/A	N/A	N/A	400 Free Relay	N/A	N/A	N/A
N/A	N/A	N/A	200 Medley Relay	N/A	N/A	N/A
N/A	N/A	N/A	400 Medley Relay	N/A	N/A	N/A

QUALIFYING PERIOD IS JULY 1, 2023 THROUGH THE ENTRY DEADLINE